

Baby



Essential Elements



Assessment

- Is there an asymmetry (i.e. a difference between hands)?



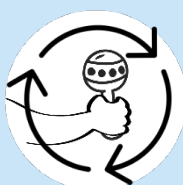
Goal Setting

- Establish goals & focus areas
- What are the target motor movements baby needs to work on?



Positioning

- Is baby sitting upright and is baby symmetrical?
- Is the parent sitting in front of baby or off to the side of baby?



Repetitive Practice:

- Explore the natural daily play opportunities.
- Be intentional when playing with baby.



Toys

- Are the toys safe and engaging?
- Are the toys provoking target motor movements and meeting the goals?
- Are the toys age and cognitively appropriate?



Blocking

- Did you block the baby's strong hand with something easy to apply, safe, removable and comfortable for baby?



Dose

- 30 mins. per day, x7 days, x6 weeks
- 6 week break to play with baby to provoke use of both hands
- Repeat program (30 mins per day, x7 days, x6 weeks)



Fun

- Did you have fun with baby?
- Do not force, watch for baby's cues.



Outcome

- Self-initiated movements; did baby do more active movements with the weaker arm/hand?